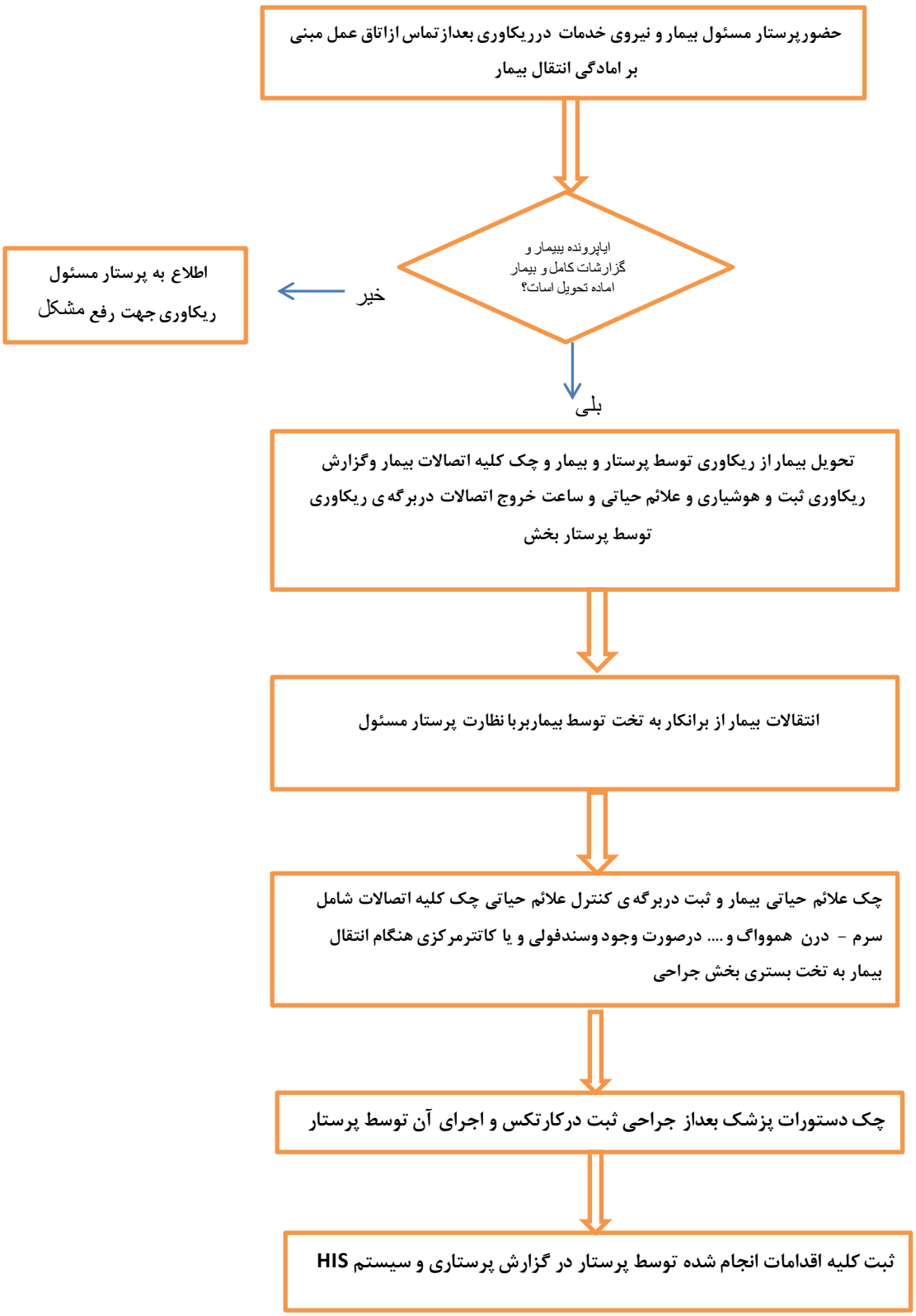فرایند مراقبت بعد از عمل جراحی